

The Exaltation of the Holy Cross

(Celebrated on 17th September 2020)

School and Family Mass



All stand

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The Lord be with you.

And with your spirit.

Penitential Rite

You were sent to heal the contrite of heart:

Lord, have mercy.

Lord, have mercy.

You came to call sinners:

Christ, have mercy.

Christ, have mercy.

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy.

Lord, have mercy.

All say together:

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,**

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

Let us pray.

O God, who willed that your Only Begotten Son
should undergo the Cross to save the human race,
grant, we pray,
that we, who have known his mystery on earth,
may merit the grace of his redemption in heaven.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

All sit

The Liturgy of the Word

A reading from the book of Numbers

On the way through the wilderness the people lost patience. They spoke against God and against Moses, 'Why did you bring us out of Egypt to die in this wilderness? For there is neither bread nor water here; we are sick of this unsatisfying food.'

At this God sent fiery serpents among the people; their bite brought death to many in Israel. The people came and said to Moses, 'We have sinned by speaking against the Lord and against you. Intercede for us with the Lord to save us from these serpents.' Moses interceded for the people, and the Lord answered him, 'Make a fiery serpent and put it on a standard. If anyone is bitten and looks at it, he shall live.' So Moses fashioned a bronze serpent which he put on a standard, and if anyone was bitten by a serpent, he looked at the bronze serpent and lived.

The word of the Lord.

Thanks be to God.

Never forget the deeds of the Lord.

Give heed, my people, to my teaching;
turn your ear to the words of my mouth.
I will open my mouth in a parable
and reveal hidden lessons of the past.

When he slew them then they would seek him,
return and seek him in earnest.
They would remember that God was their rock,
God the Most High their redeemer.

But the words they spoke were mere flattery;
they lied to him with their lips.
For their hearts were not truly with him;
they were not faithful to his covenant.

Yet he who is full of compassion
forgave them their sin and spared them.
So often he held back his anger
when he might have stirred up his rage.

Gospel Acclamation

Alleluia, alleluia!

We adore you, O Christ,
and we bless you;
because by your cross
you have redeemed the world.

Alleluia!

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to John,
Glory to you, O Lord.

Jesus said to Nicodemus:
'No one has gone up to heaven
except the one who came down from heaven,
the Son of Man who is in heaven;
and the Son of Man must be lifted up
as Moses lifted up the serpent in the desert,
so that everyone who believes may have eternal life in him.
Yes, God loved the world so much that he gave his only Son,
so that everyone who believes in him may not be lost
but may have eternal life.
For God sent his Son into the world
not to condemn the world,
but so that through him the world might be saved.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

All sit for The Homily

All stand to pray:
Lord in your mercy,
Hear our prayer.

All sit

The Offertory

Blessed are you, Lord God of all creation,
for through your goodness we have received
the bread we offer you:
fruit of the earth and work of human hands,
it will become for us the bread of life.
Blessed be God for ever.

Blessed are you, Lord God of all creation,
for through your goodness we have received
the wine we offer you:
fruit of the vine and work of human hands,
it will become our spiritual drink.
Blessed be God for ever.

All stand

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

May this oblation, O Lord,
which on the altar of the Cross
cancelled the offence of the whole world,
cleanse us, we pray, of all our sins.
Through Christ our Lord.

Amen.

THE EUCHARISTIC PRAYER

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

Preface

....as with one voice we acclaim:

Said:

Holy, holy, holy Lord God of hosts.

Heaven and earth are full of your glory,

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

All kneel or sit

Said:

When we eat this Bread and drink this Cup,

we proclaim your Death, O Lord,

until you come again.

...Through him, and with him, and in him,

O God, almighty Father,

in the unity of the Holy Spirit,

all glory and honour is yours,

for ever and ever. **Amen.**

All stand

The Communion Rite

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come,

thy will be done

on earth as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil.

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

**For the kingdom,
the power and the glory are yours
now and for ever.**

Prayer for Peace

Said:

**Lamb of God,
you take away the sins of the world,
have mercy on us.**

**Lamb of God,
you take away the sins of the world,
have mercy on us.**

**Lamb of God,
you take away the sins of the world,
grant us peace.**

All kneel or sit.

Invitation to Communion

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

Prayer of Spiritual Communion

Lord Jesus Christ,

**Your Body and Blood are made present for your people
under the appearance of bread and wine:
fruits of the earth to sustain us;**

**During this Season of Creation,
we rejoice in the earth's beauty
which has been set before us
and has given us cause for thanksgiving
at the work of the Father's hand.**

**In this holy Sacrament of the Eucharist,
unite us in your prayer to the Father.
Make of our lives a sacrifice of praise
and deepen our sense of responsibility
for the welfare of the earth, our Common Home.**

Amen.

Prayer after Communion

Having been nourished by your holy banquet,
we beseech you, Lord Jesus Christ,
to bring those you have redeemed
by the wood of your life-giving Cross
to the glory of the resurrection.

Who live and reign for ever and ever.

Through Christ our Lord.

Amen.

Blessing

The Lord be with you.

And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.

Amen.

Dismissal

Go in peace, glorifying the Lord by your life.

Thanks be to God.